BFM Membership Options Tier 1, Tier 2 or Tier 3

Pre-pay for discount 3 months: 10 % 6 months: 20 %

| | Tier 1- \$49/mo | Tier 2- \$99/month | Tier 3- \$199/month |
|---|--|---|---|
| Online educational content (available summer 2023) | Access to one focused course per quarter | Access to one focused course per month | Unlimited access |
| Patient Binder | Included-printed in black and white | Included-printed in color | Included-Printed in color |
| Personalized diet plans and menus | Charm portal and printed B/W | Charm portal and printed in color | Charm portal and printed in color |
| Supplements | 20% discount | 25% discount | 30% discount |
| iCARE pad | discounted rental \$40 per month | discounted rental \$30 per month | discounted rental \$20 per month |
| Ozone & IV services | 20% discount | 25% discount | 30% discount |
| Appointment availability | Same week appointment available | Appointments available within 2-3 clinic days | Same day appointments available for urgent needs on clinic days |
| Appointment length | 30 minutes | 45 minutes | 60 minutes |
| Appointment frequency | up to 1 appointment monthly | up to 2 appointments monthly | up to 4 appointments monthly |
| Portal messaging | up to 1 per week | up to 2 per week | unlimited |
| Prior Authorizations | no charge | no charge | no charge |
| Credit Card fee | no charge | no charge | no charge |
| Specialty services included in membership plans: | | | |
| Tier 1 -1 service monthly Tier 2- 2 services monthly Tier 3 -3 services monthly | | | |
| Far Infrared Red light or Blue light therapy | Infrared Detox Sauna | Heart Math/HRV or Brain Tap session | Frequency Specific Microcurrent |
| -20 minute session | -20 minute session | -30 minute session | -up to 60 min. session |
| For non-members or additional services, the above Specialty Services are \$40 each or you can save and buy a pre-paid bundle of 5 -buy 4 get one free for \$160 | | | |